

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	Breakfast	Frittata Multigrain Toast Fresh Fruit Organic Milk	Scrambled Eggs Multigrain Toast Fresh Fruit Organic Milk	Multigrain Waffle Scrambled Eggs Fresh Fruit Organic Milk	Oatmeal Fresh Fruit Organic Milk	Egg & Cheese on Whole Wheat English Muffin Fresh Fruit Organic Milk	
	Snack	Animal Crackers Apple Slices	Cheese Crackers Dried Fruit	Cereal Bar	Cheese Crackers Grapes	Air-popped Popcorn Dried Fruit	
	Lunch	HM WG Mac & Cheese Broccoli Peaches Organic Milk	WG English Muffin Pizza Corn Apple Slices Organic Milk	Turkey Meatballs Green Beans Pear Multigrain Bread Organic Milk	Rotisserie Chicken Breast Potatoes & Carrots HM Whole Wheat Bread Organic Milk	PB & Preserves on Multigrain Bread Apple Slices Green Beans Organic Milk	
	Snack	HM Whole Wheat Bread Apple Butter Pear	Grapes Whole Wheat Crackers Cheese	THEMED SNACK	Apple Slices Peanut Butter Pretzels	Grapes Whole Wheat Crackers Cheese	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 2	Breakfast	Pancakes Fresh Fruit Sausage Organic Milk	Baked Oatmeal Fresh Fruit Organic Milk	Multigrain Waffle Scrambled Eggs Fresh Fruit Organic Milk	Omelet Multigrain Toast Fresh Fruit Organic Milk	French Toast Fresh Fruit Organic Milk	
	Snack	HM Muffin Organic Milk	Cheese Crackers Dried Fruit	Cereal Bar	Animal Crackers Clementines	Air-popped Popcorn Dried Fruit	
	Lunch	Veggie Burger w/Cheese on Whole Wheat Bun Peas Applesauce Organic Milk	Grilled Cheese on Multigrain Bread Tomato Soup Fresh Fruit Organic Milk	WG Chicken Wrap Mandarin Oranges Fresh Veggies with Ranch Yogurt Dip Organic Milk	Tacos Brown Rice Corn Apple Slices Organic Milk	Pot Roast Potatoes & Carrots Pear Multigrain Bread Organic Milk	
	Snack	Raw Veggies Hummus/Yogurt Dip Pretzels	Graham Sticks Apple Slices Peanut Butter	THEMED SNACK	Cheese Grapes Whole Wheat Crackers	Apple Slices Pretzels Peanut Butter	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 3	Breakfast	Breakfast Burrito Fresh Fruit Organic Milk	Banana Bread Organic Yogurt Fresh Fruit Organic Milk	Multigrain Waffle Scrambled Eggs Fresh Fruit Organic Milk	Oatmeal Baked Apples Organic Milk	Polenta Fresh Fruit Organic Milk	
	Snack	Banana Bread Organic Milk	Peanut Butter & Banana on Whole Grain Tortilla	Cereal Bar	Air-popped Popcorn Dried Fruit	Animal Crackers Fruit & Yogurt Smoothie	
	Lunch	Turkey Meatballs Green Beans Pear Multigrain Bread Organic Milk	HM Vegetable Soup HM Whole Wheat Bread Apple Slices Organic Milk	Grilled Ham & Cheese Sandwich on MG Bread Carrot Sticks, Yogurt Dip Grapes Organic Milk	Fried Rice with Scrambled Egg & Veggies Mandarin Oranges Organic Milk	HM Turkey Meatloaf Potatoes Corn Applesauce Organic Milk	
	Snack	Apple Slices Fig Bars	Cheese Grapes Whole Wheat Crackers	THEMED SNACK	Apple Slices Pretzels Peanut Butter	Grapes Graham Crackers	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 4	Breakfast	MG Toast w/ Preserves Scrambled Eggs Fresh Fruit Organic Milk	Breakfast Casserole Fresh Fruit Organic Milk	Multigrain Waffle Scrambled Eggs Fresh Fruit Organic Milk	Farina Scrambled Eggs Fresh Fruit Organic Milk	Cinnamon Roll Fresh Fruit Organic Milk	
	Snack	Banana Bread	Air-popped Popcorn Dried Fruit	Cereal Bar	Cheese Crackers Dried Fruit	Fruit & Yogurt Smoothie	
	Lunch	Whole Wheat Pasta Garlic Bread California Blend Veggies Apple Slices Organic Milk	WG English Muffin Pizza Corn Apple Slices Organic Milk	Veggie Burger w/Cheese on Whole Wheat Bun Peas Applesauce Organic Milk	Bean Burrito Corn Apple Slices Organic Milk	PB & Preserves on Multigrain Bread Apple Slices Green Beans Organic Milk	
	Snack	Apple Slices Pretzels Peanut Butter	Cheese Grapes Whole Wheat Crackers	THEMED SNACK	Raw Veggies Hummus/Yogurt Dip Pretzels	Grapes Graham Crackers	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 5	Breakfast	Cinnamon Toast Scrambled Eggs Fresh Fruit Organic Milk	HM Muffin Fresh Fruit Organic Milk	Multigrain Waffle Scrambled Eggs Fresh Fruit Organic Milk	Oatmeal Fresh Fruit Sausage Organic Milk	Fritters Fresh Fruit Organic Yogurt Organic Milk	
	Snack	HM Muffin	Air-popped Popcorn Dried Fruit	Cereal Bar	Organic Yogurt Fresh Fruit Granola	Hard-Boiled Egg Dried Fruit	
	Lunch	HM WG Mac & Cheese Broccoli Apple Slices Organic Milk	Tomato Soup Cheese Steamed Carrots Corn Bread Organic Milk	Turkey Dog on Whole Wheat Bread Baked Beans Applesauce Organic Milk	HM Whole Wheat Lasagna Steamed Vegetable(s) Grapes Salad Organic Milk	Chicken Nuggets Corn Apple Slices Organic Milk	
	Snack	Grapes Whole Wheat Crackers Cheese	Graham Sticks Apple Slices Peanut Butter	THEMED SNACK	Apple Slices Pretzels Peanut Butter	String Cheese Grapes Whole Grain Crackers	

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 6	Breakfast	Baked Oatmeal Fresh Fruit Organic Milk	Your-Way Eggs Multigrain Toast Fresh Fruit Organic Milk	Multigrain Waffle Scrambled Eggs Fresh Fruit Organic Milk	Peanut/Almond Butter on Multigrain Toast Fresh Fruit Organic Milk	Egg & Cheese Bagel Baked Apples Organic Milk	
	Snack	Air-popped Popcorn Dried Fruit	Animal Crackers Fruit & Yogurt Smoothie	Cereal Bar	Animal Crackers Clementines	Peanut Butter & Banana on Whole Grain Tortilla	
	Lunch	Grilled Cheese Sandwich on Multigrain Bread Peaches Green Beans Organic Milk	Quesadilla Corn Organic Yogurt Pears Organic Milk	Vegetarian Corn Dog Steamed Carrots Peaches Organic Milk	Veggie Burger w/Cheese on Whole Wheat Bun Peas Applesauce Organic Milk	Cheese Ravioli with Marinara Sauce California Blend Veggies Mandarin Oranges Organic Milk	
	Snack	Raw Veggies Hummus/Yogurt Dip Pretzels	Apple Slices Pretzels Peanut Butter	THEMED SNACK	Cheese Grapes Whole Wheat Crackers	Apple Slices Fig Bars	